



fraternity of the travelling trousers

Hello FTT members

Welcome to a review of 2024 and an update on what the FTT team are planning for 2025.

A huge welcome to the new members. Thanks for joining FTT and we really encourage you to get involved.

Our AGM will be held on the 11th of February. The current FTT committee are Mark Allday, Mike Heath, Steve Charles, Glynis Cole, Jay Wilhelm, Frank Middleton and Adrian Kenny.

Contact us for more details if you would like to be more involved.

This year we are going to continue our support of Rebound WA athletes and our sponsorship with All Abilities Footy WA. Check out the great work these groups do on their websites and Facebook pages.

If you have any ideas or have a particular passion, then please contact one of the committee members. If you have likeminded family or friends, we would love to hear from them too. Please, contact one of the committee and get involved.

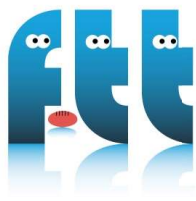
UPCOMING EVENTS



- ❖ **Make sure you read the last page for more detail on these...**
- ❖ **AGM is booked in for Tuesday the 11th of February**
- ❖ **Lawn bowls at the Scarborough Bowls Club on Sunday the 23rd of February**
- ❖ **Footy tipping competition and Count Night – Sat 30th of August**
- ❖ **The Footy Trip to Melbourne is on again in Round 11. Have to get in early for this one a couple of months to go!**
- ❖ **Volunteering opportunities – Gardening with WA Veteran Services, All Abilities footy WA and just helping out where and when we need to**
- ❖ **Social events – Lawn Bowls, Poker Night, Ten Pin Bowling, Day at the Races, Comedy Festival, Dinners, and Lunches**



Please follow the Fraternity of the Travelling Trousers Facebook page or visit our website (fttinc.com.au) to see upcoming events, pictures, and updates from the athletes.



fraternity of the travelling trousers

Sponsorships

2024 was a very special year for several of our athletes with them reaching the pinnacle of their sport by representing Australia at the Paralympic Games

BEN finished 2023 with a personal best lift at the Dubai World Championships of 191 kg in the Men's Bench Press 88 kg. At the Paralympics, Ben had an amazing games, finishing seventh in the world with a lift of 192 kg. Setting an Oceania record in the process! Ben is now motivated and training hard with the goal of lifting even more kilos and qualifying for the LA Paralympics in 2028.



Ben Wright
Powerlifting

**WE ARE SO PROUD
OF YOU BOTH!!!!**



Jake Howe Rugby

JAKE bounced back from an injury in 2023 to secure his place in the Paralympic team for the Paris Olympics. The skill level of all the teams has risen in the last couple of years and the competition is very even between Australia, Japan, Great Britain, France, the US and Canada. But.... The Steelers had a great tournament returning home with a **BRONZE MEDAL!** Jake is planning to keep training hard with the goal of making the LA Paralympics team.



Darren Cuomo Rugby

Darren has continued his development in 2024. Representing WA in the National Championship Division One finishing fifth in the strongest tournament yet. Played for Bond University in the National League, finishing in second place.

Darren has an Individual Athlete scholarship at the Western Australian Institute of Sport and made the extended squad competing in the Shibuya Cup in Tokyo.

Darren... we look forward to watching you training hard and improving in 2025!



fraternity of the travelling trousers



Sean Caitlin Surfing

Sean returned to competing in 2024 with the highlight being a trip to the Byron Bay Australian Pro Adaptive Surfing Championships.

2025 will hopefully bring more competitions, better waves and plenty of good times in the sun, sand and waves.



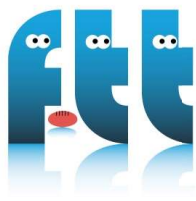
All Abilities Footy - Kingsway

Last year we spread our wings and supported the All Abilities WA organisation by donating funds for them to purchase wheelchairs for indoor wheelchair footy.

We also assisted the Kingsway footy team financially. But more importantly we were there during training days and on game days to help the coaching staff and support the team (with a bit of cheering). Good times and great fun.

If you would like to be involved in 2025 please contact one of the committee.





fraternity of the travelling trousers

FOOTY TIPPING WINDUP NIGHT

The top 6 tipsters

1 st	Maddi Heath	144
2 nd	Amy Kay	142
3 rd	David Jeary	141
	Jake Follett	141
	Leanne Heath	141
	Mark Brown	141

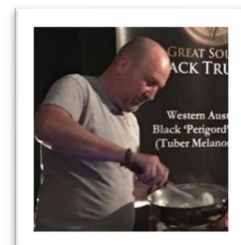
Another year and once again we smashed our record for the number of tipsters in the competition and the number of people at the windup.

The Boulevard in Floreat was full again with around 200 guests and there wasn't a spare seat. The night included plenty of entertainment, laughs, amazing prizes and plenty of drinks. The food was exceptional with Glynis and her team looking after our stomachs and the bar team keeping us hydrated.



**Thanks to
all our
sponsors
for making
the night a
success**

This is our major fundraiser, so it was great to have so many generous sponsors particularly Liquor Barrons, Harvey Norman, Perth Racing, Island Brooke, Iain Lawless and Royal Fremantle Golf Club (thanks to Troy Cook and Andy Brayshaw). Without our sponsors the night would not be as successful as it was.



Iain Lawless

And all the other sponsors... Island Brooke Estate, Royal Fremantle Golf Course, EZGO golf carts, MarketForce, The Shoe, Freo Dockers, West Coast Eagles, Schwarzkopf, Maylands golf course, SEN WA, Seaview golf course, Repco, Varsity, The Lime Tree, Astor Theatre, Sonters Nurseries, Reading Cinemas, TABtouch, KDeez Tanning, Linton & Kay Galleries.

Please support them whenever you can.

ONLINE FOOTY TIPPING

1 st	Rod McQuade	139
2 nd	macca_andy	138
	Ross_cats26	138
3 rd	Lost of peeps	137

Our weekly tipping competition is run on-line at footytips.com.au. Congrats to Rod McQuade for taking out the top prize. Great Tipping! (or was it?)

Interesting that Rod would have finished equal 15th with a score of 139 in the main competition. Maybe its time to ignore week by week form and just tip randomly!



fraternity of the travelling trousers

TIPPING COUNT NIGHT

A room full of hopeful tipsetrs

I'm tryin
to lose

You can all shut up
I'M GONNA WIN!!!

I'm gonna win

I'm gonna win

I'm gonna win

Nope...I'm gonna win

I'm gonna win

I'm gonna win

I'm gonna win

You're all wrong...
I WON!

Me too!

I'm a winner too!

I'm a winner by
being a loser

Nothing like
a happy loser



fraternity of the travelling trousers

DONATIONS



Every year we look for places to donate and we like to share the hard-earned raised funds to a range of athletes and charities. Particularly ones where a FTT member has a personal connection. So, if you have a cause you are passionate about, please contact one of the committee.

In addition to the athletes above, we also donated to these worthy charities.



Oh, shit its started... I have to change out of this suit!



Another City to Surf and Mike Heath was back in his running shoes. The goal was to arrive for a nice coffee on the coast before the sea breeze kicked in. Well done Mike for another year and another great run.



Waalitj

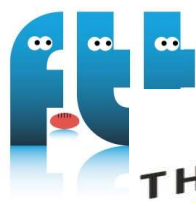
FOUNDATION

IN THIS TOGETHER
parkinson's
WESTERN AUSTRALIA

Below is a message from Troy Cook.

On behalf of the Waalitj Foundation can I say a big Thank You to the Fraternity of the Travelling Trousers for your kind donation. It is very much appreciated and all proceeds will go directly into the Deadly Sista Girls Program to support our young girls on their educational journeys.

This year we donated to Parkinson's WA to help them help support the families and people with living with Parkinsons. Hopefully we can continue our support in the years ahead and make a difference to families in WA.



fraternity of the travelling trousers

THE PUSH-UP CHALLENGE

For a third year, Jay Wilhelm completed 3,139 push ups in the Push For Better Foundation. Raising awareness and engaging people in mental health through connection, education and health and wellbeing. That means Jay now has a total of 9,417 push ups. 583 more to reach 10,000!

Jay Wilhelm

Push-Ups Completed **3,139**



I can do 583 in my sleep.
BRING IT ON IN 2025!

THE ARIELLA TEAM

FTT have been supporting Ariella for a few years. Ariella's condition causes her to have health issues including epilepsy and fluctuating muscle tone that can leave her temporarily paralysed. Currently there is no treatment or cure.

A TEAM ROUND

WAFLW R9 - EFFC VS SUBIACO
WAFLM R6 - EFFC VS SUBIACO



ARIELLA ITALIANO, A YOUNG GIRL FROM HARVEY, WESTERN AUSTRALIA, LIVES WITH A RARE GENETIC MUTATION IN THE GENE CALLED TBC1D24. THIS CONDITION HAS LESS THAN 100 KNOWN CASES WORLDWIDE



Thank you
FTT 😊

FTT again supported the A-Team WAFL Women's football game fundraiser in which FTT pledged \$100 for every goal kicked for a total donation of \$1000.



Through Steve Charles, we have supported this for a few years. Their objective is to support grandparent carers and their grandchildren to live full lives.

Around Easter and then Christmas, FTT made donations that allowed the team to give a few grandparents and their grandchildren a few essentials around these times of greater need.



fraternity of the travelling trousers

VOLUNTEER GARDENING

A couple of Sunday mornings each year we tackle the task of cleaning up an overgrown garden. It only takes a couple of hours (max) and it makes a huge difference. Thank you to everyone that has volunteered and helped with the weed pulling, tree trimming, lawn mowing and of course the tip run at the end.

A lot more to do here than planned...

Lucky we have
a Ute 😊

Trip #2

Big Job... Small team

Cleared as requested

Was it blue pot,
red pot, blue pot?

OR red pot, blue
pot, red pot?

Great job Ute full AGAIN!

Still shakin' it boss!
I'm shakin it!

Final inspection by the
QA department

QA Inspector

Another job well done!

Blue, red, blue...
tick, tick, tick!

We will have
more
opportunities
to volunteer
this year.



fraternity of the travelling trousers

OUR SOCIAL SIDE

LAWN BOWLS



Had to wear a dress at this end



Great to see Ben and Sean out bowling



FOOTY TRIP TO MELBOURNE

Another day... another comedy show



This

Better

be

funny

Mark!

Men Multitasking...
Walking and talking



A handsome lot



Country Road.... Take me home

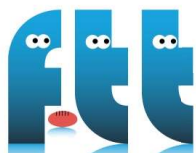
Adrian! Look
at the camera!



Adrian's too
busy singing!

Men with multi-skills... Now
we're walking and not talking





fraternity of the travelling trousers

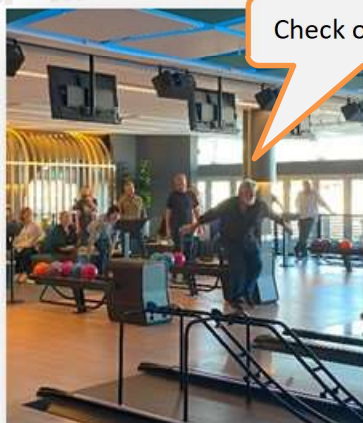
TEN PIN BOWLING

I need a 40kg ball to bowl



Very graceful Frank

Check out my style



Frank should be in Swan Lake!



I'm watching
you two...



I'm going to bowl like
Frank the ballerina

I'd like to
see that!

CHRISTMAS LUNCH

We had a relaxed afternoon at the Camfield with a few FTT members and athletes just before Christmas. Nice food and good company. Doesn't get much better than that!

The Paralympic staring contest begins



Hi Paralympian

Back at ya....
Paralympian



They will call me that one day



Jakes Paralympic
medal and
mascot made an
appearance 😊



Hi... I'm a Phryge

WTF is a Phryge



fraternity of the travelling trousers

**Do you need
our help?**

Send through your
ideas and requests!



Let one of the committee know if you would like to attend any of these events, have something we can help with or if you just want to help.

Keep an eye on FaceBook and your emails for upcoming dates!

Lawn Bowls – February 23rd (date to be confirmed and advertised soon)

- ✓ We are kicking off the year with a relaxed (but no doubt very competitive) game of lawn bowls at the Scarborough Bowls Club.

Footy Tipping – forms available very soon

- ✓ It is on again and the season kicks off on Thursday March 6th (7 weeks away) with Round 0 in Queensland again. Remember to get your family and friends into the competition too.

Footy Tipping – Count Night – 30th of August

- ✓ We have it pencilled to the bye round again. So, book the date in now.

Annual Footy Trip – Round 11 – Thursday May 22nd to Sunday the 25th

- ✓ We are heading back to Melbourne for footy, comedy and plenty of fun. We need numbers early so we can book tickets and accommodation. Contact Mark to book a spot and find out more details.

More Gardening Days Coming Soon

- ✓ Half a dozen volunteers and a few hours on a Sunday morning makes a huge difference to a garden. We will be trying to hit a few more gardens this year, so if you have a couple of hours to spare, please get involved.

Other events we are planning for 2025 include: -

- ✓ Poker Night, Comedy Festival, Day at the Races, Ten Pin Bowling, Not the President's Birthday Dinner, Lunches, Camfield Christmas lunch and other volunteering opportunities.

AND remember Get involved!

- ✓ We hope you can join us and help out during the year.

We hope to see you soon



Mark and the FTT Team